

Age	SP
	5 year
14	7.69
15	8.15
16	8.54
17	8.86
18	9.12
19	9.32
20	9.48
21	9.60
22	9.70
23	9.80
24	9.92
25	10.06
26	10.24
27	10.46
28	10.75
29	11.10
30	11.54
31	12.06
32	12.68
33	13.40
34	14.25
35	15.22
36	16.34
37	17.64
38	19.13
39	20.86
40	22.85

41	25.15
42	27.79
43	30.79
44	34.17
45	37.91
46	42.01
47	46.42
48	51.10
49	56.01
50	61.12
51	66.41
52	71.88
53	77.56
54	83.51
55	89.79
56	96.49
57	103.69
58	111.51
59	120.03
60	129.34
61	139.54
62	150.68
63	162.85
64	176.11
65	190.51